**DAIRY FREE MILK TASTE TEST CHALLENGE**

Taste each of the plant-based milks marked A – G and put a **🗸** next to the milk you think it is.

**Q.** Can you get them all right? **Q.** Which one do you like best?

**Q.** Does anything surprise you about their nutritional content?





**Extension -** Once you have revealed the answers can you put them in order of least food miles to most food miles?

**Least food miles** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_­­\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ **Most Food Miles**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Grain | **ALMOND** | **COCONUT** | **HAZELNUT** | **OAT**  | **PEA** | **SOYA** |
| **MILK A** |  |  |  |  |  |  |
| **MILK B** |  |  |  |  |  |  |
| **MILK C** |  |  |  |  |  |  |
| **MILK D** |  |  |  |  |  |  |
| **MILK E** |  |  |  |  |  |  |
| **MILK F** |  |  |  |  |  |  |